





"Click to Save: optimising healthy aging with technology"

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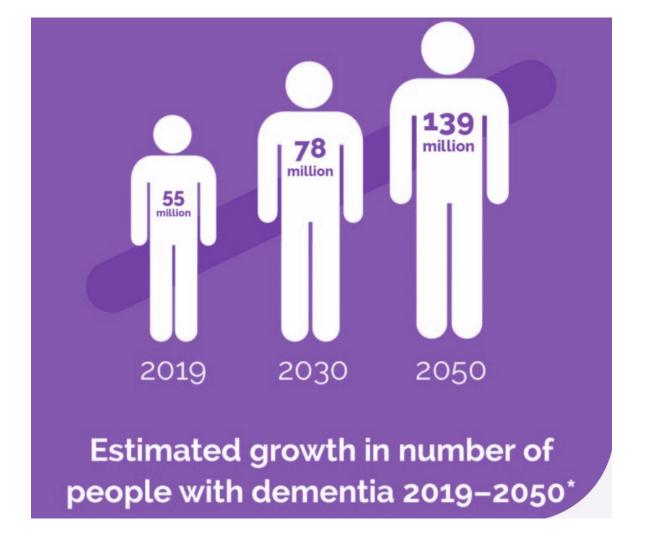
## Let's talk about the silent pandemic in the making ...

#### **DEMENTIA**

older people globally.

The **7th leading cause of death** among all diseases and one of the major causes of disability and dependency among

Source: Global status report on the public health response to dementia; World Health Organization 2021





#### ...creating major pressure on the healthcare system



**139MN** 

Tripled from the number today and carers and family don't have adequate support to manage their loved ones or themselves



\$266BN

Is wasted on healthcare administrative costs



90K

Shortfall in doctors forecasted by AMA by 2025 and doctors today have not enough time to manage chronic care patients



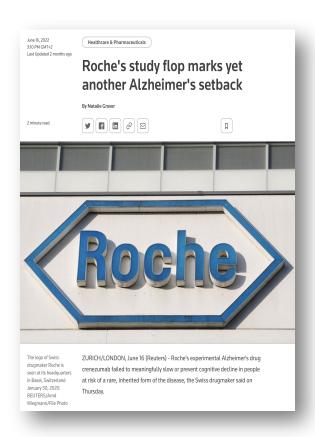
\$1.3TN

Estimated worldwide cost of dementia today and growing to 2.8TN by 2050

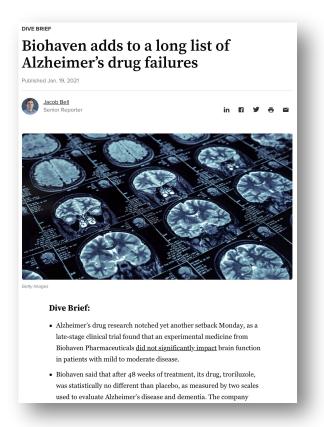




#### ...and drug development remains challenging











#### ...and we neglect the people that care.









84% of caregivers need more help and trustworthy information

related to keeping their loved ones safe, managing their own stress, and making end-of-life decisions

40-70% of family caregivers have depression.

22% may progress to MCI

10-15% converting to Alzheimer's **Disease annually** 

\$256.7B worth of care

is provided by family members and other unpaid caregivers.





### But Behavioural Change is a promising way forward

The Lancet Commissions

Dementia prevention, intervention, and care: 2020 report of (1) 1 the Lancet Commission



The New York Times

#### New Dementia Prevention Method May Be Behavioral, Not Prescribed

As experimental drugs prove ineffective against increasing dementia cases in the U.S., researchers argue that improving eyesight can have an effect.









In a recent study, researchers estimated that healthy vision could have prevented about 100,000 dementia cases. B.A. Larue/Alamy

David Ames, Clive Ballard, Sube Banerjee, Carol Brayne, Alistair Burns, a, Amit Dias, Nick Fox, Laura N Gitlin, Robert Howard, Helen C Kales, Mika Kivimaki chie. Kenneth Rockwood, Elizabeth L Sampson, Quincy Samus, Lon S Schneider,

against dementia. Using hearing aids appears to reduce Lancet 2020; 396: 413-46 the excess risk from hearing loss. Sustained exercise in Published Online midlife, and possibly later life, protects from dementia, July 30, 2020 erhaps through decreasing obesity, diabetes, and https://doi.org/10.1016 cardiovascular risk. Depression might be a risk for dementia, but in later life dementia might cause some associations might not be purely causal, individuals have a huge potential to reduce their dementia risk.

In LMIC, not everyone has access to secondary education; high rates of hypertension, obesity, and hearing loss exist, and the prevalence of diabetes and Research Centre, UK Dem smoking are growing, thus an even greater proportion of

Amyloid-β and tau biomarkers indicate risk of progres- and Public Health sion to Alzheimer's dementia but most people with normal cognition with only these biomarkers never develop the disease. Although accurate diagnosis is imporconcerns and their families, no evidence exists to support pre-symptomatic diagnosis in everyday practice.

Our understanding of dementia aetiology is shifting, NMukadam; Barnet, Enfield, with latest description of new pathological causes. In the and Haringey Mental Health oldest adults (older than 90 years), in particular, mixed Trust London, UK never too dementia is more common. Blood biomarkers might hold (Prof EL Sampson); National

https://www.thelancet.com/article/S0140-6 736(20)30367-6/fulltext

https://www.nytimes.com/2022/07/03/heal th/dementia-treatment-behavior-eye-care.ht



their family carers.

Addressing so-called "modifiable risk factors"

[...] can possibly prevent or delay up to 40

and ranked 12 factors associated with

lowering one's risk for cognitive decline.

Wellbeing is the goal of much of dementia

care.[...] Interventions should be individualised

and consider the person as a whole, as well as

percent of dementia cases, which identified



#### Imagine a world where Millions of People have Better Brain Health











Where an app predicts late-life dementia and monitors brain function

Where personal data will inform the intervention from your "healthy" mid forties

Where 5 Lifestyle Pillars have impact on the onset or course of Dementia

Where Loved Ones are managed and their caregivers supported

Where memories are preserved for longer for Millions of People





### How? Five Pillars of Healthy Aging require the IoT, NLP and Al

to inform the digital therapeutic / coaching content for globally scalable solution











Health

Is predicted, monitored, coached and/or referred to HCP **Activity** 

is measured and encouraged

Sleep

Is monitored and enhanced

**Nutrition** 

Is assessed and advised

Mental wellbeing and Stress

Is measured and provided coping techniques





## Caregivers have a high willingness to pay to reduce their burden.



The Willingness to Pay Value for an In-home Program to Reduce Behavioral Symptoms and Caregiver Stress.



per month

Caregivers in the UK, Spain Sweden and the USA on average would be willing to pay USD 170, 196, 96 and 234 per month, for a one-hour reduction in caregiving per day





## **Doctors will prescribe digital solutions if...**



10 - 30%

Of patients will be prescribed myAVOS if the platform achieves positive health outcomes

(ex med adherence, health literacy)





50 - 60%

Of patients will be prescribed myAVOS if the platform achieves positive clinical outcomes

(ex BP, a1c)





>60% - 80%

Of patients will be prescribed myAVOS if the platform achieves positive clinical outcomes and is fully reimbursed















## Requirements evolve as life progresses

Creating improved outcomes and quality of life through real world data informed detection and intervention

Optimizing the user / carer / patient journey

Pre-Diagnosis
Prevention &
Patient Finding



Risk Prediction
Screening
Monitoring
Information Sharing
Lifestyle Coaching

Diagnosis

**Treatment** 



Screening
Monitoring
Lifestyle Coaching
Medication Adherence
Carer Support

Continuing of Treatment and Care



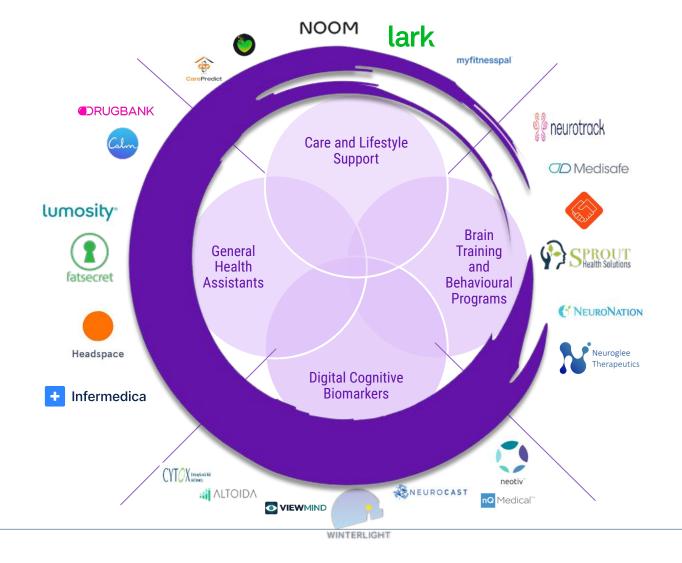
Screening
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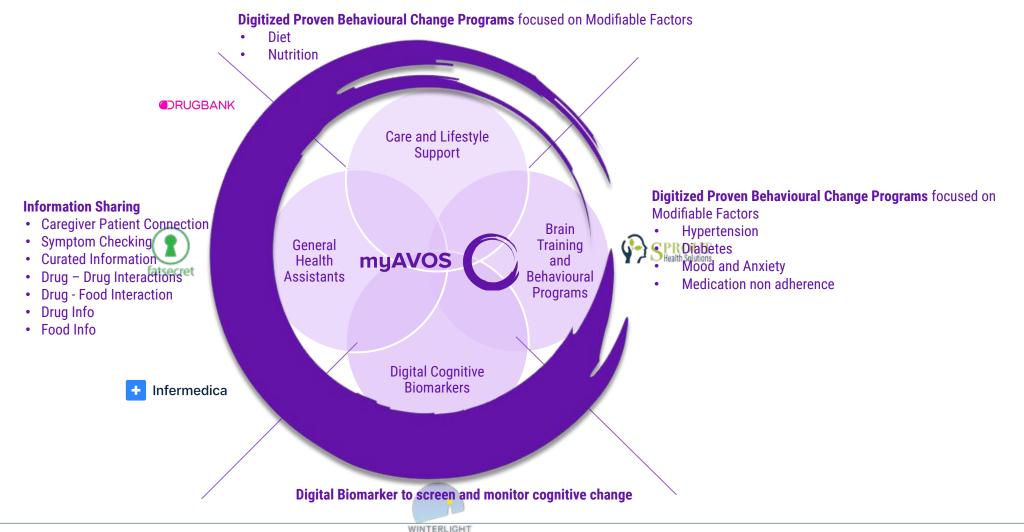
#### The dementia solution landscape remains fragmented and siloed

#### The end users want simplification and unification





## The dementia solution handbacapultisufnægionealityl ianto eile explication OptAO103 nisXdhgisizingendedpolizenosbiitelabeliabeliabentisoinso one application







# ...and where patients retain ownership of their own data, and get rewarded for improved health outcomes and/or sharing data.

#### **Distributed Ledger Technology**

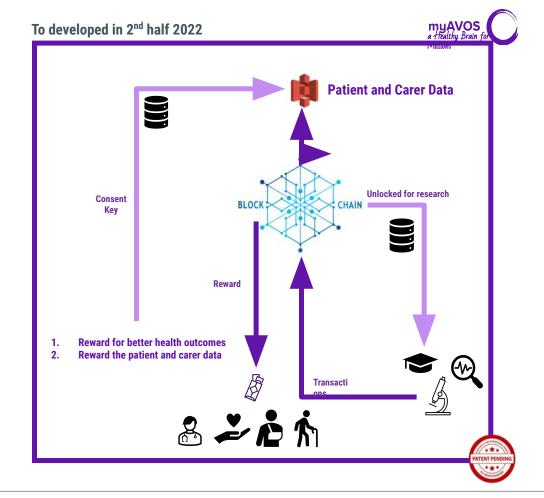
- ► Web 3.0 enabled
- A token to facilitate secure transactions between patients, service providers and research organizations
- Driving engagement:
  - Behavior change leading to better outcomes will be rewarded
  - Access to medical and lifestyle data will be rewarded

#### **Consent management**

- Patient Smart Contracts
- Carer Smart Contracts
- Clinicians Smart Contracts
- Provider Smart Contracts

#### **Transaction management**

- Reward Payment
- Patient / Carers up /download of medical records
- Clinicians' up / download of de-identified medical data on the token
- Provider / Research / Pharma extract deidentified medical records







#### In summary

#### New Technology: AI, ML, NLP and Blockchain will make it possible that



Doctors have timely interventions and achieve better outcomes



NT supports the current health system infrastructure and saves costs



Have people own their health and (brain) age gracefully



#### Thank you for listening – time for questions and comments



my contact details: René Gilvert rene.gilvert@optichronix.com +41 79 902 4330

**OptiChroniX** is looking for Strategic Investors

